



Swift Springs USA Inc.
 1850 S. Carlos Ave.
 Ontario, CA 91761
 Phone (909) 923-9788
 Fax (909) 923-9798

**ID 60mm (2.25") 65mm (2.5") 70mm (2.75")
 Metric Spec.
 COILOVER SPRINGS**

ID 60MM(2.25")										
PART NUMBER	SPRING RATE		USABLE STROKE		MAX STROKE		MAX. LOAD		WEIGHT	
	<i>kgf/mm</i>	<i>lbs/inch</i>	<i>mm</i>	<i>Inch</i>	<i>mm</i>	<i>Inch</i>	<i>kg</i>	<i>lbs</i>	<i>kg</i>	<i>lbs</i>
6" LENGTH										
Z60-152-040	4.0	224	101	4.0	105	4.1	419	924	0.54	1.19
Z60-152-050	5.0	280	94	3.7	103	4.1	516	1,136	0.61	1.35
Z60-152-060	6.0	336	93	3.7	98	3.9	587	1,295	0.69	1.52
Z60-152-070	7.0	392	89	3.5	96	3.8	673	1,485	0.74	1.63
Z60-152-080	8.0	448	83	3.3	96	3.8	767	1,691	0.80	1.76
Z60-152-090	9.0	504	78	3.1	95	3.7	857	1,889	0.82	1.81
Z60-152-100	10.0	560	74	2.9	96	3.8	960	2,116	0.86	1.90
Z60-152-110	11.0	616	71	2.8	96	3.8	1,060	2,338	0.84	1.85
Z60-152-120	12.0	672	70	2.8	95	3.7	1,135	2,503	0.92	2.03
Z60-152-130	13.0	728	69	2.7	93	3.6	1,204	2,654	0.97	2.14
Z60-152-140	14.0	784	69	2.7	90	3.6	1,266	2,790	1.05	2.32
Z60-152-150	15.0	840	70	2.8	86	3.4	1,292	2,847	1.15	2.54
Z60-152-160	16.0	896	68	2.7	86	3.4	1,370	3,019	1.18	2.60
Z60-152-180	18.0	1008	65	2.6	86	3.4	1,548	3,413	1.21	2.67
Z60-152-200	20.0	1120	64	2.5	82	3.2	1,642	3,620	1.33	2.93
Z60-152-220	22.0	1232	64	2.5	80	3.1	1,753	3,866	1.42	3.13
Z60-152-240	24.0	1344	60	2.4	79	3.1	1,894	4,175	1.53	3.37
Z60-152-260	26.0	1456	59	2.3	78	3.1	2,025	4,465	1.60	3.53
Z60-152-280	28.0	1568	58	2.3	77	3.0	2,148	4,735	1.66	3.66
Z60-152-300	30.0	1680	56	2.2	71	2.8	2,136	4,709	1.80	3.97
Z60-152-320	32.0	1792	54	2.1	72	2.8	2,291	5,051	1.85	4.08
Z60-152-340	34.0	1904	55	2.2	66	2.6	2,237	4,932	2.10	4.63
PART NUMBER	SPRING RATE		USABLE STROKE		MAX STROKE		MAX. LOAD		WEIGHT	
	<i>kgf/mm</i>	<i>lbs/inch</i>	<i>mm</i>	<i>Inch</i>	<i>mm</i>	<i>Inch</i>	<i>kg</i>	<i>lbs</i>	<i>kg</i>	<i>lbs</i>
7" LENGTH										
Z60-178-040	4.0	224	118	4.6	119	4.7	476	1,050	0.73	1.61
Z60-178-050	5.0	280	112	4.4	115	4.5	576	1,269	0.83	1.83
Z60-178-060	6.0	336	104	4.1	115	4.5	688	1,517	0.90	1.98
Z60-178-070	7.0	392	96	3.8	115	4.5	808	1,781	0.89	1.96
Z60-178-080	8.0	448	93	3.7	111	4.4	886	1,954	1.01	2.23
Z60-178-090	9.0	504	87	3.4	113	4.4	1,013	2,234	1.00	2.21
Z60-178-100	10.0	560	84	3.3	112	4.4	1,115	2,458	1.04	2.29
Z60-178-110	11.0	616	82	3.2	110	4.3	1,210	2,668	1.08	2.38
Z60-178-120	12.0	672	80	3.1	108	4.3	1,298	2,862	1.19	2.62
Z60-178-130	13.0	728	81	3.2	104	4.1	1,351	2,978	1.33	2.93
Z60-178-140	14.0	784	78	3.1	104	4.1	1,453	3,204	1.33	2.93
Z60-178-150	15.0	840	77	3.0	101	4.0	1,521	3,353	1.38	3.04
Z60-178-160	16.0	896	75	3.0	101	4.0	1,614	3,559	1.46	3.22
Z60-178-180	18.0	1,008	72	2.8	102	4.0	1,831	4,036	1.42	3.13
Z60-178-200	20.0	1,120	70	2.8	100	3.9	1,998	4,405	1.55	3.42
Z60-178-220	22.0	1,232	70	2.8	93	3.7	2,046	4,511	1.83	4.04
Z60-178-240	24.0	1,344	68	2.7	93	3.6	2,220	4,894	1.90	4.19
PART NUMBER	SPRING RATE		USABLE STROKE		MAX STROKE		MAX. LOAD		WEIGHT	
	<i>kgf/mm</i>	<i>lbs/inch</i>	<i>mm</i>	<i>Inch</i>	<i>mm</i>	<i>Inch</i>	<i>kg</i>	<i>lbs</i>	<i>kg</i>	<i>lbs</i>
8" LENGTH										
Z60-203-040	4.0	224	128	5.0	136	5.3	543	1,198	0.85	1.87
Z60-203-050	5.0	280	125	4.9	129	5.1	645	1,421	1.03	2.27
Z60-203-060	6.0	336	110	4.3	132	5.2	791	1,743	1.03	2.27
Z60-203-070	7.0	392	103	4.1	133	5.2	931	2,052	1.02	2.25
Z60-203-080	8.0	448	99	3.9	131	5.1	1,046	2,307	1.11	2.45
Z60-203-090	9.0	504	95	3.7	130	5.1	1,173	2,585	1.15	2.54
Z60-203-100	10.0	560	90	3.5	129	5.1	1,294	2,853	1.22	2.69
Z60-203-110	11.0	616	89	3.5	128	5.0	1,408	3,104	1.28	2.82
Z60-203-120	12.0	672	87	3.4	124	4.9	1,484	3,273	1.41	3.11
Z60-203-130	13.0	728	86	3.4	124	4.9	1,613	3,557	1.38	3.04
Z60-203-140	14.0	784	83	3.3	122	4.8	1,707	3,762	1.51	3.33
Z60-203-160	16.0	896	81	3.2	119	4.7	1,902	4,194	1.63	3.59
Z60-203-180	18.0	1,008	77	3.0	118	4.6	2,119	4,671	1.74	3.84
Z60-203-200	20.0	1,120	73	2.9	118	4.6	2,362	5,207	1.80	3.97



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	kg/mm	lbs/inch	mm	Inch	mm	Inch	kg	lbs	kg	lbs
9" LENGTH										
Z60-228-040	4.0	224	138	5.4	152	6.0	607	1,339	1.00	2.21
Z60-228-050	5.0	280	134	5.3	145	5.7	723	1,594	1.05	2.32
Z60-228-060	6.0	336	125	4.9	142	5.6	852	1,878	1.26	2.78
Z60-228-070	7.0	392	122	4.8	138	5.4	965	2,127	1.43	3.15
Z60-228-080	8.0	448	114	4.5	139	5.5	1,111	2,450	1.44	3.18
Z60-228-090	9.0	504	109	4.3	139	5.5	1,252	2,760	1.52	3.35
Z60-228-100	10.0	560	106	4.2	135	5.3	1,354	2,985	1.58	3.48
Z60-228-120	12.0	672	102	4.0	130	5.1	1,556	3,431	1.83	4.04
Z60-228-140	14.0	784	100	3.9	122	4.8	1,711	3,772	2.10	4.63
Z60-228-160	16.0	896	98	3.9	117	4.6	1,866	4,113	2.37	5.23
ID 65MM (2.5")										
5" LENGTH										
Z65-127-100	10.0	560	72	2.83	79.3	3.1	793	1,748	0.77	1.70
Z65-127-120	12.0	672	68	2.68	78.0	3.1	936	2,064	0.84	1.85
Z65-127-140	14.0	784	67	2.64	74.5	2.9	1,043	2,299	0.95	2.09
Z65-127-160	16.0	896	64	2.52	73.5	2.9	1,176	2,593	1.01	2.23
Z65-127-180	18.0	1008	63	2.48	70.6	2.8	1,271	2,802	1.11	2.45
Z65-127-200	20.0	1120	63	2.48	67.2	2.6	1,344	2,963	1.23	2.71
Z65-127-220	22.0	1232	62	2.44	65.1	2.6	1,432	3,157	1.31	2.89
Z65-127-240	24.0	1344	60	2.36	64.4	2.5	1,546	3,407	1.36	3.00
Z65-127-260	26.0	1456	58	2.28	63.5	2.5	1,651	3,640	1.42	3.13
Z65-127-280	28.0	1568	56	2.20	62.3	2.5	1,744	3,846	1.48	3.26
Z65-127-300	30.0	1680	55	2.17	62.5	2.5	1,875	4,134	1.50	3.31
Z65-127-320	32.0	1792	53	2.09	62.7	2.5	2,006	4,423	1.52	3.35
Z65-127-340	34.0	1904	52	2.05	61.1	2.4	2,077	4,580	1.60	3.53
6" LENGTH										
Z65-152-040	4.0	224	103	4.06	107	4.2	426	939	0.58	1.28
Z65-152-050	5.0	280	95	3.74	105	4.1	526	1,159	0.65	1.43
Z65-152-060	6.0	336	93	3.66	103	4.0	615	1,356	0.73	1.61
Z65-152-070	7.0	392	89	3.50	99	3.9	694	1,531	0.83	1.83
Z65-152-080	8.0	448	84	3.31	99	3.9	793	1,748	0.83	1.83
Z65-152-090	9.0	504	79	3.11	100	3.9	902	1,988	0.81	1.79
Z65-152-100	10.0	560	74	2.91	101	4.0	1,009	2,224	0.82	1.81
Z65-152-110	11.0	616	72	2.83	100	3.9	1,097	2,418	0.91	2.01
Z65-152-120	12.0	672	71	2.80	98	3.9	1,177	2,595	0.92	2.03
Z65-152-130	13.0	728	70	2.76	96	3.8	1,252	2,760	0.98	2.16
Z65-152-140	14.0	784	71	2.80	93	3.6	1,296	2,858	1.11	2.45
Z65-152-150	15.0	840	69	2.72	92	3.6	1,385	3,052	1.12	2.47
Z65-152-160	16.0	896	69	2.72	90	3.5	1,442	3,178	1.23	2.71
Z65-152-180	18.0	1008	64	2.52	92	3.6	1,660	3,659	1.22	2.69
Z65-152-200	20.0	1120	62	2.44	92	3.6	1,844	4,065	1.24	2.73
Z65-152-220	22.0	1232	61	2.40	90	3.5	1,982	4,370	1.31	2.89
Z65-152-240	24.0	1344	59	2.32	89	3.5	2,146	4,730	1.37	3.02
Z65-152-260	26.0	1456	57	2.24	89	3.5	2,301	5,073	1.40	3.09
Z65-152-280	28.0	1568	56	2.20	87	3.4	2,444	5,389	1.52	3.35
Z65-152-300	30.0	1680	59	2.32	83	3.3	2,481	5,470	1.69	3.73
Z65-152-320	32.0	1792	57	2.24	83	3.3	2,653	5,848	1.74	3.84
Z65-152-340	34.0	1904	58	2.28	78	3.1	2,649	5,839	1.88	4.15
7" LENGTH										
Z65-178-040	4.0	224	120	4.7	122	4.8	487	1,074	0.79	1.74
Z65-178-050	5.0	280	110	4.3	121	4.7	603	1,329	0.84	1.85
Z65-178-060	6.0	336	106	4.2	118	4.6	708	1,561	0.91	2.01
Z65-178-070	7.0	392	93	3.7	119	4.7	833	1,836	0.93	2.05
Z65-178-080	8.0	448	93	3.7	117	4.6	936	2,064	0.99	2.18
Z65-178-090	9.0	504	89	3.5	117	4.6	1,049	2,314	1.05	2.32
Z65-178-100	10.0	560	86	3.4	116	4.6	1,157	2,551	1.10	2.43
Z65-178-110	11.0	616	83	3.3	115	4.5	1,260	2,777	1.19	2.62
Z65-178-120	12.0	672	83	3.3	111	4.4	1,331	2,934	1.28	2.82
Z65-178-130	13.0	728	80	3.1	111	4.4	1,444	3,184	1.28	2.82
Z65-178-140	14.0	784	80	3.1	109	4.3	1,527	3,367	1.35	2.98
Z65-178-150	15.0	840	76	3.0	109	4.3	1,635	3,605	1.38	3.04
Z65-178-160	16.0	896	76	3.0	107	4.2	1,706	3,760	1.47	3.24
Z65-178-180	18.0	1,008	73	2.9	105	4.1	1,897	4,183	1.56	3.44
Z65-178-200	20.0	1,120	70	2.8	106	4.2	2,114	4,661	1.61	3.55
Z65-178-220	22.0	1,232	68	2.7	106	4.2	2,321	5,117	1.65	3.64
Z65-178-240	24.0	1,344	68	2.7	101	4.0	2,429	5,355	1.83	4.04



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	kgf/mm	lbs/inch	mm	Inch	mm	Inch	kg	lbs	kg	lbs
8" LENGTH										
Z65-203-040	4.0	224	132	5.2	139	5.5	557	1,228	0.89	1.96
Z65-203-050	5.0	280	126	5.0	133	5.2	666	1,468	1.06	2.34
Z65-203-060	6.0	336	118	4.6	131	5.1	785	1,730	1.13	2.49
Z65-203-070	7.0	392	115	4.5	127	5.0	891	1,965	1.22	2.69
Z65-203-080	8.0	448	107	4.2	128	5.0	1,025	2,259	1.31	2.89
Z65-203-090	9.0	504	102	4.0	128	5.0	1,152	2,540	1.35	2.98
Z65-203-100	10.0	560	100	3.9	125	4.9	1,250	2,756	1.47	3.24
Z65-203-110	11.0	616	92	3.6	126	5.0	1,389	3,063	1.48	3.26
Z65-203-120	12.0	672	92	3.6	125	4.9	1,496	3,299	1.51	3.33
Z65-203-130	13.0	728	89	3.5	125	4.9	1,630	3,594	1.55	3.42
Z65-203-140	14.0	784	87	3.4	123	4.9	1,726	3,806	1.62	3.57
Z65-203-160	16.0	896	87	3.4	116	4.6	1,858	4,095	1.93	4.26
Z65-203-180	18.0	1,008	82	3.2	118	4.6	2,117	4,667	1.93	4.26
Z65-203-200	20.0	1,120	79	3.1	118	4.7	2,366	5,216	1.99	4.39
9" LENGTH										
Z65-228-040	4.0	224	138	5.4	159	6.2	635	1,399	1.02	2.25
Z65-228-050	5.0	280	127	5.0	158	6.2	791	1,744	1.06	2.34
Z65-228-060	6.0	336	124	4.9	150	5.9	902	1,989	1.26	2.78
Z65-228-070	7.0	392	115	4.5	152	6.0	1,066	2,350	1.28	2.82
Z65-228-080	8.0	448	113	4.4	148	5.8	1,182	2,607	1.41	3.11
Z65-228-090	9.0	504	112	4.4	143	5.6	1,283	2,829	1.61	3.55
Z65-228-100	10.0	560	104	4.1	145	5.7	1,448	3,192	1.55	3.42
Z65-228-120	12.0	672	102	4.0	137	5.4	1,648	3,632	1.86	4.10
Z65-228-140	14.0	784	94	3.7	139	5.5	1,940	4,278	1.91	4.21
Z65-228-160	16.0	896	92	3.6	134	5.3	2,139	4,716	2.13	4.70
10" LENGTH										
Z65-254-030	3.0	168	160	6.3	182	7.2	546	1,204	0.97	2.14
Z65-254-040	4.0	224	157	6.2	169	6.7	678	1,494	1.28	2.82
Z65-254-050	5.0	280	150	5.9	163	6.4	816	1,799	1.51	3.33
Z65-254-060	6.0	336	144	5.7	158	6.2	949	2,091	1.67	3.68
Z65-254-070	7.0	392	132	5.2	161	6.3	1,128	2,486	1.63	3.59
Z65-254-080	8.0	448	125	4.9	160	6.3	1,276	2,813	1.73	3.81
Z65-254-090	9.0	504	124	4.9	154	6.1	1,386	3,056	1.92	4.23
Z65-254-100	10.0	560	116	4.6	157	6.2	1,570	3,461	1.94	4.28
Z65-254-120	12.0	672	111	4.4	152	6.0	1,825	4,024	2.16	4.76
Z65-254-140	14.0	784	100	3.9	157	6.2	2,194	4,836	2.07	4.56
11" LENGTH										
Z65-280-030	3.0	168	175	6.9	198	7.8	525	1,157	1.15	2.54
Z65-280-035	3.5	196	167	6.6	197	7.8	581	1,281	1.27	2.80
Z65-280-040	4.0	224	159	6.3	195	7.7	636	1,402	1.29	2.84
Z65-280-045	4.5	252	152	6.0	194	7.6	684	1,508	1.35	2.98
Z65-280-050	5.0	280	151	5.9	189	7.4	755	1,664	1.49	3.29
Z65-280-055	5.5	308	147	5.8	187	7.4	809	1,782	1.54	3.40
Z65-280-060	6.0	336	145	5.7	184	7.2	870	1,918	1.69	3.73
Z65-280-065	6.5	364	140	5.5	184	7.2	910	2,006	1.72	3.79
Z65-280-070	7.0	392	136	5.4	184	7.2	952	2,099	1.76	3.88
Z65-280-080	8.0	448	132	5.2	179	7.1	1,056	2,328	1.91	4.21
Z65-280-090	9.0	504	130	5.1	174	6.8	1,170	2,579	2.14	4.72
Z65-280-100	10.0	560	124	4.9	174	6.8	1,240	2,734	2.09	4.61
ID 70MM (2.75")										
6" LENGTH										
Z70-152-040	4.0	224	96	3.78	113	4.4	452	996	0.55	1.21
Z70-152-050	5.0	280	95	3.74	108	4.3	542	1,194	0.66	1.46
Z70-152-060	6.0	336	90	3.54	106	4.2	637	1,403	0.72	1.59
Z70-152-070	7.0	392	88	3.46	103	4.1	722	1,593	0.81	1.79
Z70-152-080	8.0	448	83	3.27	103	4.1	826	1,820	0.83	1.83
Z70-152-090	9.0	504	83	3.27	99	3.9	893	1,968	0.96	2.12
Z70-152-100	10.0	560	80	3.15	98	3.9	984	2,169	1.00	2.21
Z70-152-120	12.0	672	78	3.07	94	3.7	1,130	2,492	1.15	2.54
Z70-152-140	14.0	784	74	2.91	93	3.6	1,296	2,858	1.24	2.73
Z70-152-160	16.0	896	72	2.83	90	3.6	1,445	3,185	1.35	2.98
Z70-152-180	18.0	1008	69	2.72	89	3.5	1,607	3,544	1.44	3.18
Z70-152-200	20.0	1120	65	2.56	89	3.5	1,788	3,942	1.45	3.20



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PART NUMBER	SPRING RATE		USABLE STROKE		MAX STROKE		MAX. LOAD		WEIGHT	
	kgf/mm	lbs/inch	mm	Inch	mm	Inch	kg	lbs	kg	lbs
7" LENGTH										
Z70-178-040	4.0	224	112	4.4	130	5.1	520	1,146	0.69	1.52
Z70-178-050	5.0	280	109	4.3	125	4.9	625	1,378	0.82	1.81
Z70-178-060	6.0	336	106	4.2	121	4.8	725	1,598	0.96	2.12
Z70-178-070	7.0	392	100	3.9	120	4.7	839	1,849	1.01	2.23
Z70-178-080	8.0	448	101	4.0	114	4.5	911	2,009	1.21	2.67
Z70-178-090	9.0	504	93	3.7	116	4.6	1,042	2,298	1.17	2.58
Z70-178-100	10.0	560	92	3.6	113	4.5	1,131	2,493	1.29	2.84
Z70-178-120	12.0	672	87	3.4	111	4.4	1,331	2,934	1.37	3.02
Z70-178-140	14.0	784	82	3.2	109	4.3	1,532	3,377	1.47	3.24
Z70-178-160	16.0	896	79	3.1	107	4.2	1,717	3,785	1.61	3.55
Z70-178-180	18.0	1,008	77	3.0	105	4.1	1,881	4,147	1.76	3.88
Z70-178-200	20.0	1,120	73	2.9	105	4.1	2,100	4,630	1.82	4.01
8" LENGTH										
Z70-203-040	4.0	224	129	5.1	150	5.9	598	1,318	0.92	2.03
Z70-203-050	5.0	280	127	5.0	144	5.7	721	1,590	1.12	2.47
Z70-203-060	6.0	336	117	4.6	137	5.4	819	1,806	1.16	2.56
Z70-203-070	7.0	392	115	4.5	137	5.4	958	2,113	1.33	2.93
Z70-203-080	8.0	448	105	4.1	132	5.2	1,052	2,319	1.32	2.91
Z70-203-090	9.0	504	104	4.1	135	5.3	1,211	2,671	1.48	3.26
Z70-203-100	10.0	560	100	3.9	130	5.1	1,301	2,868	1.50	3.31
Z70-203-120	12.0	672	96	3.8	130	5.1	1,556	3,431	1.68	3.70
Z70-203-140	14.0	784	94	3.7	125	4.9	1,756	3,870	1.96	4.32
Z70-203-160	16.0	896	92	3.6	120	4.7	1,914	4,219	2.14	4.72
Z70-203-180	18.0	1,008	89	3.5	115	4.5	2,077	4,579	2.32	5.12
Z70-203-200	20.0	1,120	87	3.4	113	4.4	2,252	4,965	2.54	5.60
9" LENGTH										
Z70-228-040	4.0	224	136	5.4	164	6.5	657	1,448	0.99	2.18
Z70-228-050	5.0	280	127	5.0	162	6.4	808	1,780	1.11	2.45
Z70-228-060	6.0	336	125	4.9	155	6.1	928	2,045	1.35	2.98
Z70-228-070	7.0	392	120	4.7	152	6.0	1,061	2,340	1.46	3.22
Z70-228-080	8.0	448	117	4.6	148	5.8	1,181	2,603	1.61	3.55
Z70-228-090	9.0	504	116	4.6	143	5.6	1,285	2,833	1.73	3.81
Z70-228-100	10.0	560	113	4.4	140	5.5	1,401	3,089	1.82	4.01
Z70-228-120	12.0	672	110	4.3	133	5.2	1,597	3,521	2.32	5.12
Z70-228-140	14.0	784	105	4.1	130	5.1	1,820	4,012	2.38	5.25
10" LENGTH										
Z70-254-030	3.0	168	163	6.4	185	7.3	555	1,223	1.06	2.34
Z70-254-040	4.0	224	147	5.8	182	7.2	729	1,608	1.16	2.56
Z70-254-050	5.0	280	140	5.5	177	7.0	885	1,950	1.32	2.91
Z70-254-060	6.0	336	134	5.3	173	6.8	1,036	2,283	1.51	3.33
Z70-254-070	7.0	392	131	5.2	167	6.6	1,167	2,573	1.71	3.77
Z70-254-080	8.0	448	125	4.9	166	6.5	1,325	2,921	1.79	3.95
Z70-254-090	9.0	504	121	4.8	163	6.4	1,471	3,242	1.87	4.12
Z70-254-100	10.0	560	120	4.7	158	6.2	1,580	3,483	2.17	4.78
Z70-254-120	12.0	672	116	4.6	151	5.9	1,811	3,992	2.48	5.47



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ASSIST SPRINGS		Assist Spring comes with an adapter and 2 shims									
PART NUMBER	SPRING RATE		FREE LENGTH		STROKE		FCH		CW		
	kg/mm	lbs/inch	mm	Inch	mm	Inch	mm	Inch	kg	lbs	
60MM (2.25")											
A60-072-040	4	224	72	2.83	42	1.65	30	1.18	165	364	
A60-072-050	5	280	72	2.83	42	1.65	30	1.18	210	463	
A60-072-060	6	336	72	2.83	42	1.65	30	1.18	280	617	
65MM (2.5")											
A65-068-040	4	224	68	2.68	41	1.61	27	1.06	155	342	
A65-068-050	5	280	68	2.68	41	1.61	27	1.06	200	441	
A65-068-060	6	336	68	2.68	41	1.61	27	1.06	260	573	
HELPER SPRINGS		Helper Spring comes with an adapter and 2 shims									
PART NUMBER	SPRING RATE		FREE LENGTH		STROKE		FCH		CW		
	kg/mm	lbs/inch	mm	Inch	mm	Inch	mm	Inch	kg	lbs	
60MM (2.25")											
H60-060-015	1.5	84	60	2.36	41	1.61	19	0.75	70	154	
H60-060-030	3	168	60	2.36	38	1.50	22	0.87	120	265	
H60-070-008	0.8	45	70	2.76	43	1.69	27	1.06	40	88	
65MM (2.5")											
H65-060-015	1.5	84	60	2.36	39	1.54	21	0.83	70	154	
H65-060-030	3	168	60	2.36	36	1.42	24	0.94	120	265	
H65-070-008	0.8	45	70	2.76	46	1.81	24	0.94	43	95	
70MM (2.75")											
H70-070-008	0.8	45	70	2.76	48	1.89	22	0.87	45	99	

STACKED SPRING ADAPTER		Adapter comes with an adapter and 2 shims	
PART NUMBER	INSIDE DIAMETER		
	Inch	mm	
SP60	2.25	60	
SP65	2.50	65	
SP70	2.75	70	